



School Information: April fool's Day!
Have some laughs and have a fun day!



Fitness Tip: Find ways to increase physical activity. You could try to:

- Play a sport like basketball, softball, or soccer
- Walk, skate, or cycle more
- Do stretches, exercises, or pedal a stationary bike while watching TV



Monday

Tuesday

Wednesday

Thursday

Friday



SPRING BREAK
NO SCHOOL

SPRING BREAK
NO SCHOOL

SPRING BREAK
NO SCHOOL

TACO TUESDAY & CHIPS
CHEESE, LETTUCE, REFRIED BEANS, CORN
CHOICE OF FRUIT
ALT: COLD MEAT SANDWICH

BAKED CHEESE PIZZA
SALAD w/ CHICK PEAS & TOMATOES. BROCCOLI
CHOICE OF FRUIT
ALT: COLD MEAT SANDWICH

TURKEY IN GRAVY
BAKED STUFFING, WG ROLL
CORN, CHOICE OF FRUIT
ALT: COLD MEAT SANDWICH

CHEESE RAVIOLI
SHREDD CHEESE, WG ROLL
STEAMED CARROTS
CHOICE OF FRUIT
ALT: COLD MEAT SANDWICH

CHICKEN IN GRAVY
BROWN RICE, WG ROLL
STEAMED BROCCOLI
CHOICE OF FRUIT
ALT: HOTDOG WG ROLL

GRILLED HAM & CHEESE
SUN CHIPS, PEAS
CHOICE OF FRUIT
ALT: HOTDOG WG ROLL

PASTA w/ MEAT SAUCE
SHREDD CHEESE, WG ROLL
STEAMED CARROTS
CHOICE OF FRUIT
ALT: HOTDOG WG ROLL

BBQ-SLOPPY JOE, WG ROLL
BABY CAKE POTATOES
GREEN BEANS
CHOICE OF FRUIT
ALT: HOTDOG WG ROLL

CH. BREADSTICKS/SAUCE
ROMAINE & TOMATO SALAD
KIDNEY BEANS
CHOICE OF FRUIT
ALT: HOTDOG WG ROLL

CHICKEN FINGER WRAP
LETTUCE & TOMATO
STEAMED CORN
CHOICE OF FRUIT
ALT: GR. CHEESE SANDWICH

TACO TUESDAY & CHIPS
CHEESE, LETTUCE
BAKED BEANS
CHOICE OF FRUIT
ALT: GR. CHEESE SANDWICH

CHICKEN FAJITA BOWL
BR. RICE, LETTUCE
STEAMED BROCCOLI
CHOICE OF FRUIT
ALT: GR. CHEESE SANDWICH

ROTINI MEAT SAUCE
SHREDD CHEESE,
WG ROLL, CARROTS
CHOICE OF FRUIT
ALT: GR. CHEESE SANDWICH

BAKED PIZZA BAGEL
SALAD w/ TOMATOES
STEAMED PEAS
CHOICE OF FRUIT
ALT: GR. CHEESE SANDWICH

CHICKEN ALFREDO
BUTTERED PASTA
GREEN BEANS
CHOICE OF FRUIT
ALT: BUTTERED PIEROGIES

MEATBALLS IN GRAVY
MASHED POTATOES, GARLIC
STICK, BROCCOLI
CHOICE OF FRUIT
ALT: BUTTERED PIEROGIES

BREADED FISH SHAPES
SWEET POTATO FRIES
STEAMED CARROTS
CHOICE OF FRUIT
ALT: BUTTERED PIEROGIES

CHICKEN FAJITA WRAP
SWEET PEPPER RICE
BAKED BEANS
CHOICE OF FRUIT
ALT: BUTTERED PIEROGIES

TURKEY & CHEESE
MELT, CHICKEN NOODLE
SOUP, TOMATO SALAD, PEAS
CHOICE OF FRUIT
ALT: BUTTERED PIEROGIES