

LUNCH MENU January 2019

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	31-Dec	1-Jan	2-Jan	3-Jan	4-Jan
BE SURE			Blueberry Muffin w/ Yogurt	Warm Apple Frudel	Jumpstarts in Homeroom
TO	WINTER BREAK	WINTER BREAK	Pierogies w/ Onions	Breaded Pork Patty	Macaroni & Cheese
INCLUDE		HAPPY NEW YEAR	String Cheese	Scallop Potatoes	Breaded Chicken
AT		2019	Carrots Soft Pretzel Bites	WG Roll Baked Beans	Stewed Tomato's
LEAST			Choice of Fruit	Choice of Fruit	Choice of Fruit
3, 4 OR ALL COMPONENTS	7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
DAILY	Cereal & Toast	French Toast Sticks w/ Syrup	Dutch Waffle	Egg Omelet & Toast	Jumpstarts in Homeroom
	Chicken Sticks	Beef Taco & Chips	Baked Cheese Pizza	Turkey in Gravy	Cheese Ravioli Sauce
	W/ BBQ Sauce	Cheese, Lettuce & Tomato	Side Salad w/ Tomatoes	Baked Stuffing WG Roll	Shredded Cheese WG Roll
	Brown Rice Green Beans	Baked Beans	Steamed Broccoli	Steamed Corn	Steamed Carrots
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
YOU	14-Jan	15-Jan	16-Jan	1/17/2018 * STICKER DAY *	18-Jan
MUST	Cereal & Toast	Waffles w/ Syrup	Assorted Muffin & Yogurt	Pancakes w/ Syrup	Jumpstarts in Homeroom
CHOOSE	Chicken Taco Wrap	Hot Ham & Cheese Sandwich	French Toast Sticks	BBQ Sloppy Joe WG Roll	Cheesy Breadsticks Sauce
AT	Shred Cheese Brown Rice	Sun Chips	Home Fries Sausage Links	Baby Cakes Potatoes	Romaine & Tomato Salad
LEAST	Steamed Broccoli	Baked Beans	Steamed Carrots	Green Beans	Steamed Peas
ONE	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
FRUIT	21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
OR	Cereal & Toast	Dutch Waffle	Cereal Bar & Yogurt	Sandwich Sausage Egg Ch.	Jumpstarts in Homeroom
ONE	Chicken Fingers / Buffalo	Pizza Burger on WG Roll	Chicken Taco & Chips	Rotini w/ Meat Sauce	Baked Pizza Bagel
VEGETABLE	Wrap, Lettuce & Tomato	Crispy Baked Fun Fries	Shredded Cheese , Lettuce	Shredded Cheese WG Roll	Tossed Salad
	Steamed Corn	Baked Beans	Steamed Broccoli	Steamed Carrots	Steamed Peas
	Choice of Fruit	Choice of Fruit	Choice of Juice	Choice of Fruit	Choice of Fruit
MILK IS	28-Jan	29-Jan	30-Jan	31-Jan	1-Feb
SERVED	Cereal & Toast	Breakfast Pizza & Juice	Apple Cinnamon Oatmeal	Pancakes w/ Syrup	Jumpstarts in Homeroom
DAILY	Chicken Parmesan	Meatballs in Gravy	Baked Fish Shapes	Hamburger on WG Roll	Pizza Slice
	Buttered Pasta Shells	Mashed Potatoes	Hush Puppies	Sweet Potato Fries	Spinach & Tomato Salad
	Green Beans WG Roll	Garlic Stick Broccoli	Steamed Carrots	Baked Beans	Steamed Peas
	Choice of Fruit	Choice of Fruit	Choice of Juice	Choice of Fruit	Choice of Fruit

Alternate Lunch Week December 31- January 4 Turkey Burger on WG Roll

Alternate Lunch Week January 7-11 Cold Meat Sandwich

Alternate Lunch Week January 14-18 Hotdog on WG Roll

Alternate Lunch Week January 22-25 Gr. Cheese Sandwich

Alternate Lunch Week January 28- February 1 Cold Meat Sandwich