

LUNCH MENU August / September 2018 Welcome Back Students!!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	27-Aug	28-Aug	29-Aug	30-Aug	31-Aug
BE SURE TO INCLUDE AT LEAST 3, 4 OR ALL COMPONENTS DAILY	Cereal & Toast Popcorn Chicken Bowl Mashed Potatoes Corn WG Roll Choice of Fruit	Egg & Cheese English Muffin Cheese Steak on WG Roll Buttered Noodles Steamed Broccoli Choice of Fruit	Blueberry Muffin w/ Yogurt Pierogies w/ Onions String Cheese Carrots Soft Pretzel Choice of Fruit Juice	Warm Apple Frudel Breaded Pork Patty Scallop Potatoes WG Roll Baked Beans Choice of Fruit	Jumpstarts in Homeroom Macaroni & Cheese Breaded Chicken Stewed Tomatoes WG Roll Choice of Fruit
	3-Sep	4-Sep	5-Sep	6-Sep	7-Sep
	SCHOOL CLOSED LABOR DAY HOLIDAY	French Toast Sticks w/ Syrup Beef Taco Meat & Chips Cheese, Lettuce & Tomato Festive Bean Salad Choice of Fruit	Breakfast Bar & Juice Baked Cheese Pizza Side Salad w/ Chick Peas Steamed Broccoli Choice of Fruit	Mini Bagels Cream Cheese Turkey in Gravy Baked Stuffing WG Roll Corn Choice of Fruit	Jumpstarts in Homeroom Cheese Ravioli Shredded Cheese WG Roll Steamed Carrots Choice of Fruit
	10-Sep	11-Sep	12-Sep	13-Sep	14-Sep
YOU MUST CHOOSE AT LEAST ONE FRUIT OR ONE VEGETABLE	Cereal & Toast Chicken Ranch Fajita Wraps Buttered Brown Rice Broccoli Choice of Fruit	Waffles w/ Syrup Hot Ham & Cheese Pretzel Roll Original Sun Chips Baked Beans Peas Choice of Fruit	Assorted Muffin & Yogurt French Toast Sticks Home Fries Sausage Links Steamed Carrots Choice of Juice	Pancakes w/ Syrup BBQ (Sloppy Joe) WG Roll Green Beans Baby Cake Potatoes Choice of Fruit	Jumpstarts in Homeroom Cheesy Breadsticks Sauce Romaine & Tomato Salad Steamed Peas Choice of Fruit
	17-Sep	18-Sep	19-Sep	20-Sep	21-Sep
	Cereal & Toast Chicken Fingers / Buffalo Wrap Lettuce & Tomato Steamed Corn Choice of Fruit	Dutch Waffle Pizza Burger on WG Roll Crispy Baked Fun Fries Baked Beans Choice of Fruit	Cereal Bar & Yogurt Turkey Hoagie on WG Roll Original Sun Chips Carrots & Celery Sticks Choice of Fruit	BKF Sandwich Sausage/Egg/Ch. Rotini w/ Meat Sauce Shredded Cheese WG Roll Steamed Carrots Choice of Fruit	Jumpstarts in Homeroom Baked Mini Cheese Calzone Tossed Salad Steamed Broccoli Choice of Fruit
	24-Sep	25-Sep	26-Sep	27-Sep	28-Sep
MILK IS SERVED DAILY	Cereal & Toast Chicken Parmesan Buttered Pasta Shells Green Beans WG Roll Choice of Fruit	Breakfast Pizza & Juice Meatballs in Gravy Mashed Potatoes Garlic Stick Baked Beans Choice of Fruit	Apple Cinnamon Oatmeal Baked Fish Sticks Hush puppies WG Roll Steamed Carrots Choice of Juice	Pancakes w/ Syrup Hamburger on WG Roll Sweet Potato Fries Baked Beans Choice of Fruit	Jumpstarts in Homeroom Pizza Slice Spinach & Tomato Salad Steamed Peas Choice of Fruit

Alternate Lunch Week of August 27-31 Turkey Burger on HB Alternate Lunch Week of September 3-7 Cold Meat Sandwich

Alternate Lunch Week of September 10-14 Hotdog on Roll

Alternate Lunch Week of September 17-21 Grilled Cheese Sandwich

Alternate Lunch Week of September 24-28 Turkey & Cheese Sandwich