



**School Information:** WELCOME BACK STUDENTS. WE HOPE YOU HAD A GREAT SUMMER BREAK.

(Menu subject to change without notice)



**Nutrition Tip:** August is Family Meals Month! Family meals around the table provide an opportunity to spend time together. Make time for family meals when planning your household's schedule each week. Try to cook, eat up, and clean up together!



Reference: USDA MyPlate

### Monday



### Tuesday

You must choose at least one Fruit or one vegetable.

Milk is served daily.



### Wednesday

Be sure to include at least 3, 4 or all components daily.

Lunch \$2.00 Daily  
Lunch Reduced \$.40 Daily

### Thursday

### Friday



**26**  
POPCORN CHICKEN  
MASHED POTATOES  
CORN WG ROLL  
CHOICE OF FRUIT  
  
ALT: TURKEY BURGER ON WG ROLL

**27**  
CHEESE STEAK WG ROL  
BUTTERED NOODLES  
STEAMED BROCCOLI  
CHOICE OF FRUIT  
  
ALT: TURKEY BURGER ON WG ROLL

**28**  
PIEROGIES W/ ONIONS  
STRING CHEESE  
CARROTS,PRETZEL BITES  
CHOICE OF FRUIT  
  
ALT: TURKEY BURGER ON WG ROLL

**29**  
BREADED PORK PATTY  
SCALLOPED POTATOES  
STEAMED CORN WG ROLL  
CHOICE OF FRUIT  
  
ALT: TURKEY BURGER ON WG ROLL

**30**  
MACARONI & CHEESE  
BREADED CHICKEN  
STEWED TOMATO  
CHOICE OF FRUIT  
  
ALT: TURKEY BURGER ON WG ROLL