



School Information: THE MORE YOU LIKE YOURSELF, THE LESS YOU ARE LIKE ANYONE ELSE, WHICH MAKES YOU UNIQUE.....Walt Disney



Nutrition Tip: Help with food waste by getting creative with leftovers and planning meals around the food you already have on hand.

Reference: Eat Right

Monday



CHICKEN POT PIE
WG ROLL, BROCCOLI
CHOICE OF FRUIT

4

ALT: HAMBURGER WG ROLL

Tuesday

BEEF-A-RONI
SHRED CHEESE, BR. STICK
STEAMED PEAS
CHOICE OF FRUIT

5

ALT: HAMBURGER WG ROLL

Wednesday



PULLED CHICKEN BBQ
SANDWICH, FRENCH FRIES
BAKED BEANS
CHOICE OF FRUIT

6

ALT: HAMBURGER WG ROLL

Thursday

SLICED TURKEY BREAST
WHIPPED POTATOES
WG ROLL CARROTS
CHOICE OF FRUIT

7

ALT: HAMBURGER WG ROLL

Friday

HAPPY NEW YEAR!!!

1

SEASONED CHICKEN
MASHED POTATOES
WG ROLL STEAMED CORN
CHOICE OF FRUIT

11

ALT: PIZZA SLICE

TACO TUESDAY & CHIPS
CHEESE, SHRED LETTUCE
SALSA, STEAMED BROCCOLI
CHOICE OF FRUIT

12

ALT: PIZZA SLICE

BUTTERED PIEROGIES
STRING CHEESE, CARROTS
SOFT PRTEZEL BITES
CHOICE OF FRUIT

13

ALT: PIZZA SLICE

SLICED TURKEY BREAST
WG ROLL
SCALLOP POTATOES
BAKED BEANS, CHOICE FRUIT

14

ALT: PIZZA SLICE

MACARONI & CHEESE
CHICKEN STRIPS, WG ROLL
STEWED TOMATOES
CHOICE OF FRUIT

15

ALT: PIZZA SLICE

SWEET & SOUR CHICKEN
BROWN RICE
GREEN BEANS
CHOICE OF FRUIT

18

ALT: COLD MEAT SANDWICH

TACO TUESDAY & CHIPS
CHEESE, SHRED LETTUCE
FESTIVE BEAN SALAD
CHOICE OF FRUIT

19

ALT: COLD MEAT SANDWICH

BAKED CHEESE PIZZA
SIDE SALAD w/ CHICK PEA
TOMATOES, BROCCOLI
CHOICE OF FRUIT

20

ALT: COLD MEAT SANDWICH

TURKEY IN GRAVY
BAKED STUFFING, WG ROLL
STEAMED CORN
CHOICE OF FRUIT

21

ALT: COLD MEAT SANDWICH

CHEESE RAVIOLI
SHRED CHEESE, WG ROLL
STEAMED CARROTS
CHOICE OF FRUIT

22

ALT: COLD MEAT SANDWICH

CHICKEN IN GRAVY
BROWN RICE, WG ROLL
STEAMED BROCCOLI
CHOICE OF FRUIT

25

ALT: HOTDOG WG ROLL

HAM & CHEESE PANINI
SUN CHIPS
STEAMED PEAS
CHOICE OF FRUIT

26

ALT: HOTDOG WG ROLL

PASTA w/ MEAT SAUCE
SHRED CHEESE, WG ROLL
STEAMED CARROTS
CHOICE OF FRUIT

27

ALT: HOTDOG WG ROLL

BBQ-SLOPPY JOE
WG ROLL, GREEN BEANS
BABY CAKE POTATOES
CHOICE OF FRUIT

28

ALT: HOTDOG WG ROLL

CH. BREADSTICKS / SAU
ROMAINE & TOMATO SAL.
KIDNEY BEANS
CHOICE OF FRUIT

29

ALT: HOTDOG WG ROLL